

CURRICULUM VITAE

Ulrich Orth

Address

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Education

2008 Habilitation, Psychology, University of Bern
2001 Ph.D., Psychology, University of Trier
1997 Diploma, Psychology, University of Trier
1993 Prediploma, Psychology, University of Konstanz

Positions

2014-present Associate Professor, University of Bern
2013-2014 Assistant Professor, University of Basel
2009-2013 Swiss National Science Foundation Assistant Professor, University of Basel
2008-2009 Postdoctoral Researcher and Lecturer, University of Bern
2006-2008 Postdoctoral Researcher, University of California, Davis
2001-2006 Postdoctoral Researcher and Lecturer, University of Bern

Grants

2013-2014 Research Grant (Co-PI), Swiss National Science Foundation, *Co-Development in Personality II: Longitudinal Approaches to Personality Development in Close Inter- and Intragenerational Relationships Across the Life Span*, CHF 256,564 (\$253,000)

2009-2013 Research Grant (PI), Swiss National Science Foundation, *Understanding the Link Between Low Self-Esteem and Depression*, CHF 1,283,314 (\$1,270,000)

2006-2008 Research Fellowship, Swiss National Science Foundation, *Self-Conscious Emotions and Depression*, CHF 107,295 (\$106,000)

2004-2006 Research Grant (PI), Swiss National Science Foundation, *Anger and Posttraumatic Stress Disorder*, CHF 146,924 (\$145,000)

1998-2000 Doctoral Fellowship, Federal State of Rheinland-Pfalz, Germany, *Retributive Justice and Psychological Adjustment in Crime Victims*, €21,474 (\$23,000)

Awards

- 2017 pairfam Best Paper Award (pairfam is a multidisciplinary German panel study; award given for Luciano & Orth, 2017, *Journal of Personality and Social Psychology*)
- 2016 SAGE Young Scholars Award, *Society for Personality and Social Psychology*
- 2013 William Stern Award for Outstanding Contributions to Personality Psychology, *German Psychological Society, Division of Personality Psychology and Psychological Assessment*

Publications

- Denissen, J. J. A., Bleidorn, W., Hennecke, M., Luhmann, M., Orth, U., Specht, J., & Zimmermann, J. (in press). Uncovering the power of personality to shape income. *Psychological Science*.
- Orth, U., Erol, R. Y., Ledermann, T., & Grob, A. (in press). Co-development of well-being and self-esteem in romantic partners: Disentangling the effects of mutual influence and shared environment. *Developmental Psychology*.
- Luciano, E. C., & Orth, U. (2017). Transitions in romantic relationships and development of self-esteem. *Journal of Personality and Social Psychology*, *112*, 307-328.
- Orth, U. (2017). The family environment in early childhood has a long-term effect on self-esteem: A longitudinal study from birth to age 27 years. *Journal of Personality and Social Psychology*. Advance online publication.
- Orth, U. (2017). The lifespan development of self-esteem. In J. Specht (Ed.), *Personality development across the lifespan* (pp. 181-195). London, UK: Elsevier.
- Erol, R. Y., & Orth, U. (2016). Self-esteem and the quality of romantic relationships. *European Psychologist*, *21*, 274-283.
- Orth, U., Robins, R. W., Meier, L. L., & Conger, R. D. (2016). Refining the vulnerability model of low self-esteem and depression: Disentangling the effects of genuine self-esteem and narcissism. *Journal of Personality and Social Psychology*, *110*, 133-149.
- Orth, U., & Luciano, E. C. (2015). Self-esteem, narcissism, and stressful life events: Testing for selection and socialization. *Journal of Personality and Social Psychology*, *109*, 707-721.
- Orth, U., Maes, J., & Schmitt, M. (2015). Self-esteem development across the life span: A longitudinal study with a large sample from Germany. *Developmental Psychology*, *51*, 248-259.
- Erol, R. Y., & Orth, U. (2014). Development of self-esteem and relationship satisfaction in couples: Two longitudinal studies. *Developmental Psychology*, *50*, 2291-2303.

- Hutteman, R., Hennecke, M., Orth, U., Reitz, A. K., & Specht, J. (2014). Developmental tasks as a framework to study personality development in adulthood and old age. *European Journal of Personality, 28*, 267-278.
- Luhmann, M., Orth, U., Specht, J., Kandler, C., & Lucas, R. E. (2014). Studying changes in life circumstances and personality: It's about time. *European Journal of Personality, 28*, 256-266.
- Orth, U., & Robins, R. W. (2014). The development of self-esteem. *Current Directions in Psychological Science, 23*, 381-387.
- Orth, U., Robins, R. W., Widaman, K. F., & Conger, R. D. (2014). Is low self-esteem a risk factor for depression? Findings from a longitudinal study of Mexican-origin youth. *Developmental Psychology, 50*, 622-633.
- Sowislo, J. F., Orth, U., & Meier, L. L. (2014). What constitutes vulnerable self-esteem? Comparing the prospective effects of low, unstable, and contingent self-esteem on depressive symptoms. *Journal of Abnormal Psychology, 123*, 737-753.
- Specht, J., Bleidorn, W., Denissen, J. J. A., Hennecke, M., Hutteman, R., Kandler, C., Luhmann, M., Orth, U., Reitz, A. K., & Zimmermann, J. (2014). What drives adult personality development? A comparison of theoretical perspectives and empirical evidence. *European Journal of Personality, 28*, 216-230.
- Erol, R. Y., & Orth, U. (2013). Actor and partner effects of self-esteem on relationship satisfaction and the mediating role of secure attachment between the partners. *Journal of Research in Personality, 47*, 26-35.
- Gomez, V., Grob, A., & Orth, U. (2013). The adaptive power of the present: Perceptions of past, present, and future life satisfaction across the life span. *Journal of Research in Personality, 47*, 626-633.
- Kuster, F., & Orth, U. (2013). The long-term stability of self-esteem: Its time-dependent decay and nonzero asymptote. *Personality and Social Psychology Bulletin, 39*, 677-690.
- Kuster, F., Orth, U., & Meier, L. L. (2013). High self-esteem prospectively predicts better work conditions and outcomes. *Social Psychological and Personality Science, 4*, 668-675.
- Orth, U. (2013). How large are actor and partner effects of personality on relationship satisfaction? The importance of controlling for shared method variance. *Personality and Social Psychology Bulletin, 39*, 1359-1372.
- Orth, U., & Robins, R. W. (2013). Understanding the link between low self-esteem and depression. *Current Directions in Psychological Science, 22*, 455-460.
- Sowislo, J. F., & Orth, U. (2013). Does low self-esteem predict depression and anxiety? A meta-analysis of longitudinal studies. *Psychological Bulletin, 139*, 213-240.
- Jaeckel, D., Seiger, C. P., Orth, U., & Wiese, B. S. (2012). Social support reciprocity and occupational self-efficacy beliefs during mothers' organizational re-entry. *Journal of Vocational Behavior, 80*, 390-399.
- Kuster, F., Orth, U., & Meier, L. L. (2012). Rumination mediates the prospective effect of low self-esteem on depression: A five-wave longitudinal study. *Personality and Social Psychology Bulletin, 38*, 747-759.

- Orth, U., Robins, R. W., & Widaman, K. F. (2012). Life-span development of self-esteem and its effects on important life outcomes. *Journal of Personality and Social Psychology, 102*, 1271-1288.
- Erol, R. Y., & Orth, U. (2011). Self-esteem development from age 14 to 30 years: A longitudinal study. *Journal of Personality and Social Psychology, 101*, 607-619.
- Meier, L. L., Orth, U., Denissen, J. J. A., & Kühnel, A. (2011). Age differences in instability, contingency, and level of self-esteem across the life span. *Journal of Research in Personality, 45*, 604-612.
- Orth, U., Robins, R. W., & Soto, C. J. (2010). Tracking the trajectory of shame, guilt, and pride across the life span. *Journal of Personality and Social Psychology, 99*, 1061-1071.
- Orth, U., Trzesniewski, K. H., & Robins, R. W. (2010). Self-esteem development from young adulthood to old age: A cohort-sequential longitudinal study. *Journal of Personality and Social Psychology, 98*, 645-658.
- Mueller, J., Orth, U., Wang, J., & Maercker, A. (2009). Disclosure attitudes and social acknowledgement as predictors of posttraumatic stress disorder symptom severity in Chinese and German crime victims. *Canadian Journal of Psychiatry, 54*, 547-556.
- Orth, U. (2009). The effects of legal involvement on crime victims' psychological adjustment. In M. E. Oswald, S. Bieneck, & J. Hupfeld-Heinemann (Eds.), *Social psychology of punishment of crime* (pp. 427-442). Chichester, UK: Wiley.
- Orth, U., & Maercker, A. (2009). Posttraumatic anger in crime victims: Directed at the perpetrator and at the self. *Journal of Traumatic Stress, 22*, 158-161.
- Orth, U., Robins, R. W., & Meier, L. L. (2009). Disentangling the effects of low self-esteem and stressful events on depression: Findings from three longitudinal studies. *Journal of Personality and Social Psychology, 97*, 307-321.
- Orth, U., Robins, R. W., Trzesniewski, K. H., Maes, J., & Schmitt, M. (2009). Low self-esteem is a risk factor for depressive symptoms from young adulthood to old age. *Journal of Abnormal Psychology, 118*, 472-478.
- Berking, M., Orth, U., Wupperman, P., Meier, L. L., & Caspar, F. (2008). Prospective effects of emotion-regulation skills on emotional adjustment. *Journal of Counseling Psychology, 55*, 485-494.
- Orth, U., Berking, M., Walker, N., Meier, L. L., & Znoj, H. (2008). Forgiveness and psychological adjustment following interpersonal transgressions: A longitudinal analysis. *Journal of Research in Personality, 42*, 365-385.
- Orth, U., Cahill, S. P., Foa, E. B., & Maercker, A. (2008). Anger and posttraumatic stress disorder symptoms in crime victims: A longitudinal analysis. *Journal of Consulting and Clinical Psychology, 76*, 208-218.
- Orth, U., Robins, R. W., & Roberts, B. W. (2008). Low self-esteem prospectively predicts depression in adolescence and young adulthood. *Journal of Personality and Social Psychology, 95*, 695-708.

- Berking, M., Orth, U., & Lutz, W. (2006). Wie effektiv sind systematische Rückmeldungen des Therapieverlaufs an den Therapeuten? Eine empirische Studie in einem stationär-verhaltenstherapeutischen Setting [How effective is systematic feedback of treatment progress to the therapist? An empirical study in a cognitive-behavioral inpatient setting]. *Zeitschrift für Klinische Psychologie und Psychotherapie*, *35*, 21-29.
- Orth, U., Berking, M., & Burkhardt, S. (2006). Self-conscious emotions and depression: Rumination explains why shame, but not guilt, is maladaptive. *Personality and Social Psychology Bulletin*, *32*, 1608-1619.
- Orth, U., Montada, L., & Maercker, A. (2006). Feelings of revenge, retaliation motive, and posttraumatic stress reactions in crime victims. *Journal of Interpersonal Violence*, *21*, 229-243.
- Orth, U., & Wieland, E. (2006). Anger, hostility, and posttraumatic stress disorder in trauma-exposed adults: A meta-analysis. *Journal of Consulting and Clinical Psychology*, *74*, 698-706.
- Nakamura, Y. M., & Orth, U. (2005). Acceptance as a coping reaction: Adaptive or not? *Swiss Journal of Psychology*, *64*, 281-292.
- Oswald, M. E., Orth, U., Aeberhard, M., & Schneider, E. (2005). Punitive reactions to completed crimes versus accidentally uncompleted crimes. *Journal of Applied Social Psychology*, *35*, 718-731.
- Orth, U. (2004). Does perpetrator punishment satisfy victims' feelings of revenge? *Aggressive Behavior*, *30*, 62-70.
- Orth, U., & Maercker, A. (2004). Do trials of perpetrators retraumatize crime victims? *Journal of Interpersonal Violence*, *19*, 212-227.
- Orth, U. (2003). Punishment goals of crime victims. *Law and Human Behavior*, *27*, 173-186.
- Orth, U., Maercker, A., & Montada, L. (2003). Rachegefühle und posttraumatische Belastungsreaktionen bei Opfern von Gewalttaten [Feelings of revenge and posttraumatic stress reactions in victims of violent crimes]. *Zeitschrift für Klinische Psychologie und Psychotherapie*, *32*, 169-175.
- Oswald, M. E., Orth, U., & Hupfeld, J. (2003). Mikro- versus Makroperspektive der retributiven Gerechtigkeit, Strafziele und die Forderung nach Strafe [Micro versus macro perspective on retributive justice, punishment goals, and the demand for punishment]. *Zeitschrift für Sozialpsychologie*, *34*, 227-241.
- Orth, U. (2002). Secondary victimization of crime victims by criminal proceedings. *Social Justice Research*, *15*, 313-325.
- Orth, U. (2001). *Strafgerechtigkeit und Bewältigung krimineller Viktimisierung: Eine Untersuchung zu den Folgen des Strafverfahrens bei Opfern von Gewalttaten* [Retributive justice and coping with criminal victimization: The consequences of criminal proceedings among crime victims]. Mainz, Germany: Weisser Ring. (Dissertation)

Presentations

- Orth, U. (2017, June). *The family environment in early childhood has a long-term effect on self-esteem: A longitudinal study from birth to age 27 years*. Poster presented at the 5th Biennial Conference of the Association for Research in Personality, Sacramento, CA.
- Luciano, E. C., & Orth, U. (2017, May). *Transitions in romantic relationships and development of self-esteem*. Best Paper Award address presented at the 5th International User Conference of the German Family Panel pairfam, Bremen, Germany.
- Orth, U. (2016, September). *Die Entwicklung des Selbstwertgefühls über die Lebensspanne [The development of self-esteem across the life span]*. Position talk at the 50th Congress of the German Psychological Society, Leipzig, Germany.
- Luciano, E. C., & Orth, U. (2016, July). *The life-span development of domain-specific self-esteem*. Paper presented at the 18th European Conference on Personality, Timisoara, Romania.
- Orth, U. (2016, July). *Self-esteem across the life span: Stability and change*. Invited keynote at the 18th European Conference on Personality, Timisoara, Romania.
- Orth, U. (Chair). (2016, July). *The development of self-esteem: Patterns and influential factors*. Invited symposium at the 18th European Conference on Personality, Timisoara, Romania.
- Orth, U. (2016, July). *The influence of the family environment in early childhood on self-esteem from age 8 to 26 years*. Paper presented at the 18th European Conference on Personality, Timisoara, Romania.
- Luciano, E. C., & Orth, U. (2016, April). *The life-span development of domain-specific self-esteem*. Paper presented at the 2nd World Conference on Personality, Buzios, Brazil.
- Orth, U., Maes, J., & Schmitt, M. (2016, January). *Self-esteem development across the life span: A longitudinal study with a large sample from Germany*. Poster presented at the Lifespan Social-Personality Preconference of the 17th Annual Convention of the Society for Personality and Social Psychology, San Diego, CA.
- Luciano, E. C., & Orth, U. (2015, September). *Transitionen in Partnerschaften beeinflussen die Entwicklung des Selbstwertgefühls [Transitions in romantic relationships influence the development of self-esteem]*. Paper presented at the 13th Meeting of the Division of Personality Psychology and Psychological Assessment of the German Psychological Society, Mainz, Germany.
- Orth, U., Robins, R. W., Meier, L. L., & Conger, R. D. (2015, September). *Ist der depressogene Effekt von niedrigem Selbstwertgefühl auf einen Mangel an authentischem Selbstwertgefühl oder an narzisstischer Selbsterhöhung zurückzuführen? [Is the depressogenic effect of low self-esteem due to a lack of genuine self-esteem or due to a lack of narcissistic self-enhancement?]* Paper presented at the 13th Meeting of the Division of Personality Psychology and Psychological Assessment of the German Psychological Society, Mainz, Germany.
- Luciano, E. C., & Orth, U. (2015, June). *Important transitions in the relationship domain influence the development of self-esteem*. Paper presented at the 4th Biennial Conference of the Association for Research in Personality, St. Louis, MO.

- Erol, R. Y., Orth, U., Ledermann, T., & Grob, A. (2015, June). *The well-being of romantic partners is interdependent: Five longitudinal studies*. Poster presented at the 4th Biennial Conference of the Association for Research in Personality, St. Louis, MO.
- Orth, U. (Chair). (2015, June). *Self-esteem development: New ideas, methods, and conclusions*. Symposium presented at the 4th Biennial Conference of the Association for Research in Personality, St. Louis, MO.
- Orth, U., & Luciano, E. C. (2015, March). *Self-esteem and life events in emerging adulthood: Selection and socialization*. Paper presented at the 1st International Convention of Psychological Science, Amsterdam, The Netherlands.
- Orth, U., Maes, J., & Schmitt, M. (2014, September). *Entwicklung des Selbstwertgefühls über die Lebensspanne: Längsschnittliche Analysen mit einer grossen Stichprobe aus Deutschland [Development of self-esteem across the life span: Longitudinal analyses with a large sample from Germany]*. Paper presented at the 49th Congress of the German Psychological Society, Bochum, Germany.
- Erol, R. Y., Orth, U., Ledermann, T., & Grob, A. (2014, July). *The well-being of romantic partners is interdependent: Five longitudinal studies*. Paper presented at the 17th European Conference on Personality, Lausanne, Switzerland.
- Orth, U. (2014, July). *How large are actor and partner effects of personality on relationship satisfaction? The importance of controlling for shared method variance*. Paper presented at the 17th European Conference on Personality, Lausanne, Switzerland.
- Erol, R. Y., & Orth, U. (2014, May). *Development of self-esteem and relationship satisfaction in couples: Two longitudinal studies*. Paper presented at the 26th Annual Convention of the Association for Psychological Science, San Francisco, CA.
- Specht, J., Bleidorn, W., Denissen, J. J. A., Hennecke, M., Hutteman, R., Kandler, C., Luhmann, M., Orth, U., Reitz, A. K., & Zimmermann, J. (2014, February). *A theoretical outlook on adult personality development: The next generation*. Poster presented at the 15th Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
- Orth, U. (2013, September). *Entwicklung des Selbstwertgefühls über die Lebensspanne [Development of self-esteem across the life span]*. Award Address presented at the 12th Meeting of the Division of Personality Psychology and Psychological Assessment of the German Psychological Society, Greifswald, Germany.
- Orth, U. (2013, September). *Der Zusammenhang zwischen Selbstwertgefühl und Depressivität: Konkurrierende Modelle und empirische Evidenz [The relation between self-esteem and depression: Competing models and empirical evidence]*. Paper presented at the 12th Meeting of the Division of Personality Psychology and Psychological Assessment of the German Psychological Society, Greifswald, Germany.
- Orth, U. (Chair). (2013, September). *The power of self-esteem: Influences of self-esteem on important life outcomes*. Symposium presented at the 13th Congress of the Swiss Psychological Society, Basel, Switzerland.
- Erol, R. Y., & Orth, U. (2013, September). *Development of self-esteem and relationship satisfaction in couples: Two longitudinal studies*. Paper presented at the 13th Congress of the Swiss Psychological Society, Basel, Switzerland.

- Kuster, F., Orth, U., & Meier, L. L. (2013, September). *High self-esteem prospectively predicts better work conditions and outcomes*. Paper presented at the 13th Congress of the Swiss Psychological Society, Basel, Switzerland.
- Sowislo, J. F., Orth, U., & Meier, L. L. (2013, September). *Comparing the effects of low, unstable, and contingent self-esteem on depression: Two longitudinal studies*. Paper presented at the 13th Congress of the Swiss Psychological Society, Basel, Switzerland.
- Zimmermann, J., & Orth, U. (Chairs). (2013, June). *Personality-relationship transactions*. Symposium presented at the 3rd Biennial Conference of the Association for Research in Personality, Charlotte, NC.
- Orth, U. (2013, June). *How large are actor and partner effects of personality on relationship satisfaction? The importance of controlling for shared method variance*. Paper presented at the 3rd Biennial Conference of the Association for Research in Personality, Charlotte, NC.
- Erol, R. Y., & Orth, U. (2012, September). *Actor and partner effects of self-esteem on relationship satisfaction and the mediating role of adult attachment*. Poster presented at the 48th Congress of the German Psychological Society, Bielefeld, Germany.
- Kuster, F., & Orth, U. (2012, September). *The long-term stability of self-esteem: Its time-dependent decay and nonzero asymptote*. Poster presented at the 48th Congress of the German Psychological Society, Bielefeld, Germany.
- Orth, U., Robins, R. W., Widaman, K. F., & Conger, R. D. (2012, September). *Is low self-esteem a risk factor for depression? Findings from a longitudinal study of Mexican-origin youth*. Paper presented at the 48th Congress of the German Psychological Society, Bielefeld, Germany.
- Sowislo, J. F., & Orth, U., & Meier, L. L. (2012, September). *Level of self-esteem, but not instability and contingency of self-esteem, prospectively predicts depression*. Paper presented at the 48th Congress of the German Psychological Society, Bielefeld, Germany.
- Erol, R. Y., & Orth, U. (2012, July). *Actor and partner effects of self-esteem on relationship satisfaction and the mediating role of adult attachment*. Poster presented at the 16th European Conference on Personality, Trieste, Italy.
- Kuster, F., & Orth, U. (2012, July). *The long-term stability of self-esteem: Its time-dependent decay and nonzero asymptote*. Paper presented at the 16th European Conference on Personality, Trieste, Italy.
- Orth, U., Robins, R. W., Widaman, K. F., & Conger, R. D. (2012, July). *Is low self-esteem a risk factor for depression? Findings from a longitudinal study of Mexican-origin youth*. Paper presented at the 16th European Conference on Personality, Trieste, Italy.
- Sowislo, J. F., & Orth, U., & Meier, L. L. (2012, July). *Level of self-esteem, but not instability and contingency of self-esteem, prospectively predicts depression*. Paper presented at the 16th European Conference on Personality, Trieste, Italy.

- Orth, U., Robins, R. W., & Widaman, K. F. (2011, September). *Entwicklung des Selbstwertgefühls über die Lebensspanne und Effekte auf Erfolge und Wohlergehen in wichtigen Lebensbereichen*. Paper presented at the 11th Meeting of the Division of Personality Psychology and Psychological Assessment of the German Psychological Society, Saarbrücken, Germany.
- Gomez, V., Grob, A., & Orth, U. (2011, September). *Is the present always better? Subjective (re)constructions of life satisfaction trajectories across the life span in young, middle-aged, and older adults*. Paper presented at the 12th Congress of the Swiss Psychological Society, Fribourg, Switzerland.
- Kuster, F., Orth, U., & Meier, L. L. (2011, September). *Rumination mediates the prospective effect of low self-esteem on depression: A five-wave longitudinal study*. Poster presented at the 12th Congress of the Swiss Psychological Society, Fribourg, Switzerland.
- Sowislo, J. F., & Orth, U. (2011, September). *Does low self-esteem predict depression and anxiety? A meta-analysis of longitudinal studies*. Paper presented at the 12th Congress of the Swiss Psychological Society, Fribourg, Switzerland.
- Erol, R. Y., & Orth, U. (2011, July). *Self-esteem development in adolescence and young adulthood*. Poster presented at the 12th European Congress of Psychology, Istanbul, Turkey.
- Erol, R. Y., & Orth, U. (2011, June). *Self-esteem development from age 14 to 30 years: A longitudinal study*. Poster presented at the 2nd Biennial Conference of the Association for Research in Personality, Riverside, CA.
- Gomez, V., Grob, A., & Orth, U. (2011, June). *Is the present always better? Subjective (re)constructions of life satisfaction trajectories across the life span in young, middle-aged, and older adults*. Poster presented at the 2nd Biennial Conference of the Association for Research in Personality, Riverside, CA.
- Kuster, F., Orth, U., & Meier, L. L. (2011, June). *Rumination mediates the prospective effect of low self-esteem on depression: A five-wave longitudinal study*. Poster presented at the 2nd Biennial Conference of the Association for Research in Personality, Riverside, CA.
- Orth, U., Robins, R. W., & Widaman, K. F. (2011, June). *Life-span development of self-esteem and its effects on important life outcomes*. Poster presented at the 2nd Biennial Conference of the Association for Research in Personality, Riverside, CA.
- Sowislo, J. F., & Orth, U. (2011, June). *Does low self-esteem predict depression and anxiety? A meta-analysis of longitudinal studies*. Poster presented at the 2nd Biennial Conference of the Association for Research in Personality, Riverside, CA.
- Orth, U., Trzesniewski, K. H., & Robins, R. W. (2010, September). *Entwicklung des Selbstwertgefühls im Erwachsenenalter: Eine kohorten-sequenzanalytische Längsschnittstudie*. Paper presented at the 47th Congress of the German Psychological Society, Bremen, Germany.
- Orth, U., Trzesniewski, K. H., & Robins, R. W. (2010, January). *Self-esteem development from young adulthood to old age: A cohort-sequential longitudinal study*. Poster presented at the 11th Annual Meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

- Orth, U., Robins, R. W., & Meier, L. L. (2009, September). *Does self-esteem buffer the depressogenic effects of stressful events? Findings from three longitudinal studies*. Paper presented at the 10th Meeting of the Division of Personality Psychology and Psychological Assessment of the German Psychological Society, Landau, Germany.
- Orth, U. (Chair). (2009, August). *Self-esteem and narcissism: New insights into structures, processes, and effects*. Symposium presented at the 11th Congress of the Swiss Psychological Society, Neuchatel, Switzerland.
- Orth, U., Robins, R. W., & Meier, L. L. (2009, August). *Disentangling the effects of low self-esteem and stressful events on depression*. Paper presented at the 11th Congress of the Swiss Psychological Society, Neuchatel, Switzerland.
- Robins, R. W., & Orth, U. (2009, July). *Low self-esteem prospectively predicts depression*. Poster presented at the 1st Biennial Conference of the Association for Research in Personality, Evanston, IL.
- Keller, L., Orth, U., Stucki, I., Oswald, M. E. (2008, July). *Indirect measurement of punishment goals: Laypersons prefer retribution*. Paper presented at the 29th International Congress of Psychology, Berlin, Germany.
- Orth, U., Robins, R. W., & Roberts, B. W. (2008, February). *The temporal sequence of self-esteem and depression in adolescence and young adulthood*. Poster presented at the 9th Annual Meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- Orth, U. (Chair). (2007, August). *Anger and posttraumatic stress disorder: New insights into the relationship*. Symposium presented at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.
- Orth, U. (2007, August). *Anger and posttraumatic stress disorder: A longitudinal analysis*. Paper presented at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.
- Orth, U., Berking, M., Walker, N., Meier, L., & Znoj, H. (2007, January). *Forgiveness and psychological adjustment following interpersonal transgressions: A longitudinal analysis*. Poster presented at the 8th Annual Meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Orth, U., Cahill, S. P., Foa, E. B., & Maercker, A. (2006, July). *Anger and posttraumatic stress disorder: A causal analysis with longitudinal data*. Poster presented at the Symposium on Causality, University of Jena, Germany.
- Orth, U., Berking, M., & Burkhardt, S. (2006, January). *Self-conscious emotions and depression: Rumination explains why shame, not guilt, is maladaptive*. Poster presented at the 7th Annual Meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Orth, U. (Chair). (2005, September). *Emotion regulation: Strategies, predictors, and effects*. Symposium presented at the 9th Congress of the Swiss Psychological Society, Geneva, Switzerland.
- Berking, M. & Orth, U. (2005, September). *The importance of emotion regulation for mental health: Results from a longitudinal internet-based study*. Paper presented at the 9th Congress of the Swiss Psychological Society, Geneva, Switzerland.

- Orth, U., Berking, M., & Burkhardt, S. (2005, September). *Self-conscious emotions and depression: Rumination explains why shame, not guilt, is maladaptive*. Paper presented at the 9th Congress of the Swiss Psychological Society, Geneva, Switzerland.
- Orth, U. (Chair). (2005, September). *Forgiveness*. Symposium presented at the 11th Meeting of the Division of Psychology and Law of the German Psychological Society, Bern, Switzerland.
- Orth, U., Schwarzenbach, S., Scholl, K., & Znoj, H. J. (2005, September). *Ist Verzeihen notwendig, um mit interpersonellen Ungerechtigkeits Erfahrungen abzuschliessen?* Paper presented at the 11th Meeting of the Division of Psychology and Law of the German Psychological Society, Bern, Switzerland.
- Orth, U. & Müller, M. (2004, November). *Ärger und Aufmerksamkeitslenkung: Adaptive und maladaptive Formen der Rumination nach ärgerauslösenden Ereignissen*. Paper presented at the 9th Workshop on Aggression, Bern, Switzerland.
- Orth, U. (2004, September). *Werden Rachegefühle von Opfern durch die Täterbestrafung befriedigt?* Paper presented at the 44th Congress of the German Psychological Society, Göttingen, Germany.
- Orth, U. (2003, October). *Feelings of revenge and posttraumatic stress reactions in victims of violent crimes*. Paper presented at the 8th Congress of the Swiss Psychological Society, Bern, Switzerland.
- Orth, U., & Maercker, A. (2003, August). *Do trials of perpetrators retraumatize crime victims?* Poster presented at the 111th Annual Convention of the American Psychological Association, Toronto, Canada.
- Orth, U. (2002, September). *Sekundäre Viktimisierung von Gewaltopfern durch Gerichtsverhandlungen*. Paper presented at the 43th Congress of the German Psychological Society, Berlin, Germany.

Editorial Service and Reviewing

Associate Editor

Journal of Personality and Social Psychology (2017-present)

Consulting Editor

European Journal of Personality (2013-2016)

Journal of Personality and Social Psychology (2014-2016)

Journal of Research in Personality (2013-present)

Social Psychological and Personality Science (2015-present)

Journal Reviewer

Anxiety, Stress, and Coping

British Journal of Psychology

Child Development

Child Development Perspectives

Clinical Psychology Review

Current Directions in Psychological Science

Depression and Anxiety

Developmental Psychology
European Journal of Developmental Psychology
European Journal of Personality
International Journal of Behavioral Development
Journal of Abnormal Psychology
Journal of Applied Developmental Psychology
Journal of Clinical Child and Adolescent Psychology
Journal of Consulting and Clinical Psychology
Journal of Experimental Social Psychology
Journal of Individual Differences
Journal of Personality
Journal of Personality and Social Psychology
Journal of Personality Assessment
Journal of Research in Personality
Journal of Social and Clinical Psychology
Journal of Traumatic Stress
Motivation and Emotion
Multivariate Behavioral Research
Personality and Individual Differences
Personality and Social Psychology Bulletin
Political Psychology
Proceedings of the National Academy of Sciences
Psychological Assessment
Psychological Bulletin
Psychological Science
Psychology and Aging
Psychotherapy Research
Self and Identity
Social Justice Research
Social Psychological and Personality Science
Social Psychology
Swiss Journal of Psychology
Zeitschrift für Klinische Psychologie und Psychotherapie

Grant Reviewer

Swiss National Science Foundation

Study Proposal Reviewer

GESIS – Leibniz Institute for the Social Sciences

Book Reviewer

Cambridge University Press

Boards and Committees

2016	Member, Habilitation Committee D. Butteltmann, University of Bern
2015-present	Chair, Committee on Gender Equality, Faculty of Human Sciences, University of Bern
2015-present	Member, University Committee on Gender Equality, University of Bern
2015	Chair, Selection Committee, Young Scientist Award of the Swiss Psychological Society
2015	Member, Habilitation Committee T. Cacchione, University of Bern
2015	Member, Habilitation Committee D. Spurk, University of Bern
2014-2015	Member, Committee on Gender Equality, Faculty of Human Sciences, University of Bern
2014	Member, Habilitation Committee J. Brodbeck, University of Bern
2013	Chair, Selection Committee, Young Scientist Award of the Swiss Psychological Society
2012-2013	Chair, Program Committee, and Member, Organizing Committee, 13th Congress of the Swiss Psychological Society, University of Basel
2011-2015	Member, Executive Committee, Swiss Psychological Society
2005-2006	Member, Faculty Council, Faculty of Human Sciences, University of Bern
2004-2005	Member, Founding Board, Faculty of Human Sciences, University of Bern
2004-2005	Member, Program Committee, 11th Meeting of the Division of Psychology and Law of the German Psychological Society, University of Bern

Courses Taught

Bachelor's Studies Level, Lecture Courses

Social-Emotional Development
Personality Psychology (2-semester course)

Bachelor's Studies Level, Seminars

Development of Self-Esteem

Master's Studies Level, Lecture Course

Social-Emotional Development Across the Life Span

Master's Studies Level, Seminars

Attachment in Childhood and Adulthood
Development of Self-Esteem
Moral Psychology
Personality Development Across the Life Span
Prosocial and Antisocial Behavior
Psychology of Crime Victims
Self-Esteem
Social Emotions
Social Psychology of the Self
Structural Equation Modeling
Temperament in Childhood

Workshops Taught

Advanced Methods for Testing Mediation and Moderation (2012, University of Bern)

Structural Equation Modeling (2009, 2012, University of Bern)

Structural Equation Modeling of Longitudinal Data (2012, University of Bern)

Ph.D. Students Advised

Luciano, E. C. (2014-present)

Kuster, F. (2010-2013)

Erol, R. Y. (2009-2013)

Sowislo, J. F. (2009-2013)

Professional Affiliations

American Psychological Association (APA)

Association for Psychological Science (APS)

Association for Research in Personality (ARP)

European Association of Personality Psychology (EAPP)

German Psychological Society (DGPs)

Society for Personality and Social Psychology (SPSP)

Society for Research in Child Development (SRCD)

Swiss Psychological Society (SGP-SSP)